

## Eve Lucia Boucouvalas

1520 Coral Way South  
St. Petersburg, FL 33705  
(727) 776-1212

### Education

- **Double BA from Eckerd College** Graduated with High Honors in 1981.
- **Bhakti Academe School of Massage** Graduated on April 7, 1999.  
**Florida State Massage License** granted July 1999.  
MA# 0029464 (current)  
**Nationally Certified in Therapeutic Massage & Bodywork** since 1999.  
NCTMB #157211-00 (current)
- **Florida State Massage Therapy Association** member since August 1999.
- **Certified Foot Reflexologist**, Reflexology Association of Canada (110 hours)  
Certification granted on April 5, 2006.
- **Certified Hand Reflexologist**, Reflexology Association of Canada (35 hours)  
Certification granted on April 5, 2006.

### Advanced Training and Certifications

- Science of Intuition & Energy Medicine Level 1 -- February 1997
- Science of Intuition & Energy Medicine Level 2 -- November 1997  
Teachers: Norm Shealy MD, PhD and Caroline Myss, PhD
- Teachers Training Energy Medicine: The Works of Hanna Kroeger -- June 1999  
Energy Medicine Techniques Certification: Levels 1, 2, and 3 (1997-1999)
- Awakening the Healer Within: The Light Institute, Galisteo, NM -- 1997
- CranioSacral Level 1 -- The Upledger Institute, October 1998
- CranioSacral Level 2 -- The Upledger Institute, November 1998
- Myofascial Release Advanced Training -- December 1998
- SomatoEmotional Release Advanced Training -- April 1999
- Relaxation Massage Advanced Training -- June 2000
- Spa Massage and Spa Treatments Training -- November 2000
- Medical Terminology Certificate (5 CEUs) -- January 2001
- St. John Neuromuscular Therapy Seminar (3 CEUs) -- January 2001
- La Stone Therapy Certificate (24 CEUs) -- August 2002
- Sports Massage Certificate (5 CEUs) -- September 2002
- Seated Massage Certificate (8 CEUs) -- August 2003
- Entrepreneurial Academy, St. Petersburg Chamber of Commerce -- Dec. 2003
- Reiki Master/Teacher Certification -- October 2004
- Foot Reflexology Level 1 (16 CEUs) -- February 2005
- Foot Reflexology Intensive Training (50 contact hours) -- August 2005
- Recipient of the Ollie Bailey Award of Excellence presented by the  
Reflexology Association of Canada -- September 2005
- Bamboo Massage Therapy Certification -- December 2007

## Professional Experience

Florida CE Provider (application in process) Foot Reflexology 55 CEUs (2008)

Florida CE Provider (application in process) Hand Reflexology 45 CEUs (2008)

Florida CE Provider (application in process) Foot & Hand Reflexology 100-Hour Certificate Program (2008)

Florida CE Provider (#50-6408) for Spa Reflexology (2005-present)

Massage Therapist private practice and on-call corporate events: (2000 to present)

Modalities offered: Relaxation massage, CranioSacral Therapy, Hand and Foot Reflexology, Seated massage, and Spa treatments .

Independent Contractor / Spa Trainer (2001 to present)

Don CeSar Beach Resort & Spa, St. Pete Beach, FL 33706

On-call Spa Massage Therapist (July 2001 to October 2006)

Don CeSar Beach Resort & Spa, St. Pete Beach, FL 33706

Independent Contractor / Adjunct Massage Instructor at FMU (2005)

Courses taught include: Swedish, Western Theory and History, Anatomy and Physiology, Effects and Benefits of Massage on the Musculoskeletal System, Energy Therapies, Business Mastery, Ethics, and computer skills.

## Corporate Experience

Corporate Trainer/Customer Service Specialist

- Instructional Technology Systems
- Exceeding Customer Expectations
- Employee Growth, Development, and Building Self-Esteem

Created curriculum, presented material, and evaluated participants.

Technical Documentation Specialist

- Training Manuals
- Policies and Procedures Manuals
- Customer Service Satisfaction Reports

Compiled manuals. Proof-read, and edited based on peer and student feedback.