

## Services for People

### Customized Holistic Health Programs

- Assists in managing your health and personal energy
- Requires Energy Intuitive Evaluations<sup>SM</sup> (initial and re-eval)
- Requires health commitment (physical)
- Requires personal commitment (emotional)

### Energy Management Coaching

- Get your power back!
- Addresses high levels of stress and energy loss
- Energy Intuitive Evaluations<sup>SM</sup> (initial and re-eval)
- Requires a health and wellness commitment

### Energy Intuitive Evaluation<sup>SM</sup>

- Consulting services to determine and address the root cause of health imbalances
- Energy Intuitive Evaluations<sup>SM</sup> use a saliva sample to measure the amount of energy emanating from the cells and organs of the body.
- Once the priorities for healing are determined, a holistic health program is developed to balance energy flow and increase wellness.

Contact Eve for more information: [eve@evelucia.com](mailto:eve@evelucia.com) or (727)- 776- 1212.

## Sessions for People

### Energy Intuitive Therapy<sup>SM</sup>

- Gentle, non-invasive methods to detect and correct restrictions in the body, including CST, SER, and Intuitive Artwork
- Encourages self-healing to dissipate the negative effects of stress
- Determines the location of energy drains and re-establishes energy balance
- Client remains fully clothed

### Integrative Energy Therapies

- Energy Medicine, Reiki, Energy Healing, CranioSacral Therapy (CST), SomatoEmotional Release (SER), Polarity Balancing, Light Touch, Healing Touch, and Energy Intuitive Art<sup>SM</sup> are integrated to best address the client's health needs
- Goal is to produce intrinsic and extrinsic balance for the client
- Client remains fully clothed

### Equine Facilitated Energy Therapy<sup>SM</sup>

- A unique form of hands-on Energy Therapy developed by Eve Lucia
- Facilitates the release of emotional trauma, energy imbalances and physical holding patterns in a safe, natural environment
- Therapy is facilitated by a horse or donkey being present, which allows for greater heart-centered healing.

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